

Town & Country Living's Guide to

# Healthy LIVING



Town and Country Living magazines' 2009 annual guide to HEALTHY LIVING will be mailed to subscribers of *Bucks*, *Chester* and *Montgomery County Town & Country Living* magazines. We will also be placing an additional few thousand at our various annual shows and events. HEALTHY LIVING will have a combined circulation of 40,000 and readership above 120,000.



With an average age of 55, our audience is a prime target for health-related products and services. HEALTHY LIVING magazine will include articles on diet, exercise, hair restoration, skin care, day spas, special health concerns, e.g., diabetes, and a comprehensive health specialty and hospital guide. HEALTHY LIVING will continue to become the preferred annual guide for better health in the entire Delaware Valley.



Be sure you advertise in HEALTHY LIVING magazine, a targeted Town and Country Living publication. To reach this fast growing audience, contact us today with your directory listing.

Deadline is **February 13, 2009**.



## RATES

Size	Rate	Dimensions
Full Page 4 Color	\$2295	8.25 x 11.125" (Full Bleed) Live area 7" x 10"
2/3 Page 4 Color	\$1925	4.5" x 10" (Vertical format)
1/2 Page 4 Color	\$1450	4.5" x 7.5" (Vertical) 7" x 4.875" (Horizontal)
1/3 Page 4 Color	\$1295	4.5" x 4.875"
1/4 Page 4 Color	\$895	4.5 x 3.187 (Horizontal format)
1/6 Page 4 Color	\$650	2.187 x 4.875 (Vertical) 4.5 x 2.375 (Horizontal)
Inside Front Cover	\$2595	8.25" x 11.125" (Full Bleed) Live area 7" x 10"
Inside Back Cover	\$2425	8.25" x 11.125" (Full Bleed) Live area 7" x 10"
Back Cover	\$2850	8.25" x 11.125" (Full Bleed) Live area 7" x 10"



Town & Country Living  
MAGAZINES

For more information call **Rebecca Kisner** or **Lisa Kruse** at (215) 860-3090  
or email [info@angelmarkassociates.com](mailto:info@angelmarkassociates.com).